



A Better Smile Dental Spa  
General and Cosmetic Dentistry



## What is Invisalign?

**Invisalign** is the virtually invisible way to straighten your teeth without braces, using a series of clear, removable aligners to straighten your teeth without metal wires or brackets. You wear each set of clear aligners for about two weeks, removing them only to eat, drink, brush, and floss. As you replace each aligner with the next in the series, your teeth will move - little by little, week by week - until they have straightened to the final position your orthodontist or dentist has prescribed. You'll visit your orthodontist or dentist about once every six weeks to ensure that your treatment is progressing as planned.

Total treatment time averages 7-15 months and the average number of aligners worn during treatment is between 18 and 30, but both will vary from case to case.

## How does Invisalign work?

An **Invisalign-trained** dentist will utilize 3D computer imaging technology to demonstrate the complete treatment plan from the initial position to the final desired position. This imaging technology is then used to design an individualized series of custom-made aligners. The patient wears the aligner for about two weeks while the teeth move incrementally. After two weeks, the current aligner is replaced with the next one until the final position is achieved.

## What do aligners look like?

Aligners are clear and nearly invisible. If you've ever seen clear tooth-whitening trays, that should give you a good idea of what the aligners look like. **Invisalign** aligners are custom-made to fit and move your teeth.

## Will the treatment be painful?

Each time you change to a new aligner, there may be some temporary discomfort while your teeth adjust to their new position. This is completely normal, and is a good sign that the treatment is working.

## Will wearing Invisalign aligners affect my speech?

Less than 1% will be affected for just a couple of days. So most adjust in a short period of time to the feeling of the aligners and do not have permanent changes in their speech.

## How often will I have to wear my aligners?

**Invisalign** only works while you're wearing the aligners. It's recommended that you wear your aligners full-time, day and night, except to eat, brush, and floss your teeth. But you can removed for a few hours if required without causing delays on the procedure.

## How much does Invisalign cost?

Cost is always a concern, and only your doctor can determine the price of treatment. Due to our Status in **Invisalign** we can afford to provide the best Sydney price guarantee, or beat any written quotes by at least 10%

## Does Invisalign really work?

Yes. In orthodontic and dental practices nationwide, **Invisalign** has been proven effective at straightening teeth with over 1.000.000 cases world wide.

## Does insurance cover Invisalign?

Any insurance plan that covers orthodontics should cover **Invisalign**.

## How often do I need controls?

**No wire tightening means fewer dental appointments.** The wires on conventional braces usually need to be tightened every four weeks, but since the **Invisalign** treatment plan is mapped out from the start, we can give you several aligners at each appointment. That means for many **Invisalign** patients, appointments only need to be made every eight to ten weeks, instead of every four weeks.